Major: KINESIOLOGY  
Concentration: EXER SCI & HLTH PROM (KEHP)  
Torrey  
B.S. Degree (125 minimum required for graduation)

Eligibility to graduate is based on the completion of all degree requirements and a minimum of 120 credits. Some majors require more than 120 credits (up to 146) to fulfill their degree requirements.

<table>
<thead>
<tr>
<th>Torrey &amp; Core Curriculum (GE)</th>
<th>Minor / Support / Electives</th>
<th>Major / Concentration</th>
</tr>
</thead>
<tbody>
<tr>
<td>HNRS 101 Argument &amp; Crit Thinking</td>
<td></td>
<td>BIOS 254 Human Anatomy</td>
</tr>
<tr>
<td>HNRS 102 Ancient Civ: Greek &amp; Hebrew</td>
<td></td>
<td>BIOS 281 Physiology</td>
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<tr>
<td>HNRS 105 NT Lit &amp; Early Christ Theo</td>
<td></td>
<td>KINES 301 Kinesiology</td>
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<tr>
<td>HNRS 106 Argumentation &amp; Crit Thinking II</td>
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<td>KINES 302 Exercise Physiology</td>
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<td>HNRS 210 Med &amp; Reform Theo</td>
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<td>KINES 303 Exercise Physiology Lab</td>
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<tr>
<td>HNRS 215 Studies in Pauline Lit</td>
<td></td>
<td>KINES 307 Measurement &amp; Evaluation in Kinesiology</td>
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<tr>
<td>HNRS 230 Western Phil Survey</td>
<td></td>
<td>KINES 329 Psych of Coach or 420 Soc &amp; Psych in P.E. &amp; Sport</td>
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<tr>
<td>HNRS 231 Dramatic Arts</td>
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<td>KINES 335 Health Concepts</td>
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<tr>
<td>HNRS 324 American Pol Thry &amp; Its Origins</td>
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<td>KINES 401 Care &amp; Prevention of Athletic Injuries</td>
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<tr>
<td>HNRS 327 Old Testament Literature</td>
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<td>KINES 408 Motor Learning</td>
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<td>HNRS 338 Apocalyptic Literature</td>
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<td>HNRS 440 Theodicy</td>
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<td>HNRS 450 Lyric &amp; Epic Poetry</td>
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<td>KINES 440 Nutrition for Health &amp; Sport</td>
</tr>
<tr>
<td>GNST 102 First Year Seminar (see catalog or advisor)</td>
<td>1</td>
<td>KINES 446 Exercise Prescription &amp; Program Design</td>
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<td>Behavioral Science</td>
<td>3</td>
<td>KINES 447 Func Assessment 7 Prescription of Exercise Lab</td>
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<tr>
<td><strong>Foreign Language</strong></td>
<td>4</td>
<td>KINES 480 Directed Study - or 480 (1) and 485 (1)</td>
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<tr>
<td>(based on placement test! One class must be taken at post-secondary level.</td>
<td></td>
<td>Elective^</td>
</tr>
<tr>
<td>ASLG (Amer Sign Lang)</td>
<td>ARAB (Arabic)</td>
<td>Elective (Upper Division)^</td>
</tr>
<tr>
<td>FREN (French)</td>
<td>GRMN (German)</td>
<td>Elective (Upper Division)^</td>
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<tr>
<td>RUSS (Russian)</td>
<td>SPAN (Spanish)</td>
<td>Writing Competency Requirement</td>
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<tr>
<td>BLGR (Greek)</td>
<td>BLHE (Hebrew)</td>
<td>Minimum Upper-Division Credits</td>
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<td>HUPR (other languages)</td>
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<td>Total Major Credits Required</td>
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<tr>
<td>Kinesiology and Health Science</td>
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<tr>
<td>KNES 213 Fund Principles of Physical Fitness</td>
<td>required</td>
<td>All major requirements &amp; any biology, chemistry, physical science or math GE requirements must be completed with a “C-” or better grade.</td>
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<tr>
<td>Math</td>
<td>3</td>
<td>^Choose from list in catalog</td>
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<tr>
<td>Math 210 Prob &amp; Statistics or 318 Biostatistics</td>
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<td>See Department for advisement.</td>
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<tr>
<td>Science</td>
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<tr>
<td>CHEM 105 General Chemistry I or CHEM 120</td>
<td>required</td>
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<tr>
<td>PHSC 111 &amp; 117 Physics I &amp; Lab</td>
<td>required</td>
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*BBST 465 – see Torrey advisor to review specific course offerings.  
**Foreign Language – If you have taken 2 yrs of the same language in high school, you have fulfilled your foreign language requirement. Otherwise, contact Modern Lang Dept for placement test instructions.
<table>
<thead>
<tr>
<th>YEAR</th>
<th>FALL</th>
<th>SPRING</th>
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<tbody>
<tr>
<td></td>
<td>______  HNRS 101 Argumentation &amp; Critical Thinking I</td>
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<td>&lt;br&gt; ______  HNRS 102 Ancient Civilizations: Greek &amp; Hebrew</td>
<td>&lt;br&gt; ______  HNRS 106 Argumentation &amp; Critical Thinking II</td>
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<td>&lt;br&gt; ______  PSYC 200 Intro to Psychology – required</td>
<td>&lt;br&gt; ______  MATH 210 Prob &amp; Stats or 318 Biostats – required</td>
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<td>______  HNRS 210 Medieval &amp; Reformation Theology</td>
<td>______  HNRS 230 Western Philosophy Survey</td>
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<td>&lt;br&gt; ______  KNES 335 Health Concepts</td>
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<td>&lt;br&gt; ______  Graduation Petition due in the Registrar's Office</td>
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<td>SOPHOMORE</td>
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<td>&lt;br&gt; ______  Elective (Upper Division) – see catalog</td>
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<td>&lt;br&gt; ______  3</td>
</tr>
<tr>
<td>SENIOR</td>
<td>13</td>
<td>&lt;br&gt; ______  17</td>
</tr>
</tbody>
</table>

If two years of the same foreign language was not taken in high school, four credits at college level will be required for graduation.

**NOTE:** This degree requirement sheet is designed with your major department and is one way that the classes will work out properly in sequence for your major. However, there are alternative flexible ways to rotate some of the classes within the same year/level and sometimes between year levels. Please contact your major department advisor to discuss flexible alternatives in scheduling the sequence of your classes.